

# Community News – 8 March 2024



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## BEGINNERS YOGA CLASS

FIRST SESSION FREE

**Venue:** Crayke Sports Centre

**Date:** Every Thursday

**Time:** 9:30 am - 10:30 am

**Price:** 4 sessions for £44

**TEXT LINDSEY ON: 07817830178  
TO BOOK YOUR FREE SESSION**

## **CRAYKE OPEN GARDENS**

**SUNDAY – 7th APRIL, 2024 - 11.00 a.m. – 5.00 p.m.**

A fantastic day is planned for our Open Gardens Event. We have decided to keep the entrance fee at £5 for adults with accompanied under 16s free. A dozen gardens will be available to look round, one of which is the school garden and outdoor classroom, with Forest School activities. A nature hunt for children will be available in some gardens with a huge tombola at Paley Cottage. Tickets for the open gardens can be purchased at the Sports Club/Village Hall where there will also be a display showing the history of Crayke. Outside the Hall you will find wildflower seeds, seed bombs and wildflower plants and gardens plants for sale together with a display by the Woodland Trust.

Hot drinks, sandwiches and cakes will be served in both the Church and the Club and Easingwold Town Band will be playing on Church Hill throughout the afternoon.

St. Cuthbert's Church will have designated space for prayer and private contemplation and an opportunity to offer thanks and to pray for our World. Seasonal flowers will decorate the Church and the Saxon Burial Ground area will be open for viewing.

In the evening from 6.30 p.m. a hot meal will be available in the Sports Club/Village Hall. Tickets MUST be purchased in advanced from John Zywica on 07557 972565 - the bar will be open.



Meet  
Sandra

26 years experience. Trained at MDDC in Liverpool. Imperial Ballet (ISTD) Associate Diploma Dance Teacher in Ballet (Hons), National Dance (Hons), Modern and Tap Dance. Certificate in Dance Education. Choreographer for ballet and musical theatre youth projects. Trained in musical theatre, singing, pas de deux, acting, contemporary, jazz, cheerleading. Previously taught A level and Btec level 3 Musical Theatre and Performing Arts, and GCSE Dance and Drama, and first year degree students..

Easingwold Shotokan Karate Club  
Shires Bridge Business Park  
Just off the A19  
Easingwold  
YO61 3EQ  
what3words:  
///sliding.difficult swooned



## Easingwold Dance Studio

### Saturdays

Tots ballet A	Age 2-3	9.15-9.45
Tots ballet B	Age 2-3	9.55-10.25
Pre-Primary Ballet	Age 4-5	10.30-11
Pre/primary Jazz	Age 4-6	11.05-11.35
Primary Ballet	Age 5-6	11.45-12.30
Grade 1 Ballet	Age 7+	12.30-1.15
Jazz 7+	Age 7+	1.15-2pm



LIMITED SPACES  
AVAILABLE



Easingwold Dance Studio





RIDING  
LIGHTS  
THEATRE  
COMPANY  
PRESENTS

# The NARROW ROAD

POWERFUL  
THEATRE  
ON THE JOURNEY  
TO EASTER

BY PAUL BIRCH

THE GALTRES  
CENTRE

WED 27TH MAR 7.30PM

Market Place, Easingwold North Yorks. YO61 3AD

Tickets: £12, Under 16's: £6

Box Office: rmapleoft@outlook.com, 01347 811 854.



RIDING  
LIGHTS  
THEATRE  
COMPANY  
PRESENTS

# The NARROW ROAD

POWERFUL  
THEATRE  
ON THE JOURNEY  
TO EASTER

BY PAUL BIRCH

2024 REVIVAL

DIRECTED BY ERIN BURBRIDGE

DESIGNED BY SEAN CAVANAGH

Amid the heat and beauty of ancient Palestine, a man stands on a dusty road.

An extraordinary journey will take place, retracing the footsteps of Jesus through a world of miracles and madness, violence and liberation. As The Narrow Road is walked, this turbulent world is turned upside down and its inhabitants confronted by an unexpected and surprising vision.

As we walk with these people to the cross and on into the challenge of the life

York-based Riding Lights is one of the UK's most successful independent theatre companies and is internationally renowned for forty years of touring productions. The Narrow Road was first performed in 2010, commissioned jointly by the Dean and Chapter of York and Lightline Pilgrimages.

beyond it. The Narrow Road asks each of us to review our understanding of our own faith in relation to that journey.

The Narrow Road is a communal experience of theatre and worship for the season leading to Easter.

More information and  
a full list of tour dates:  
[ridinglights.org/thenarrowroad](http://ridinglights.org/thenarrowroad)

T. 01904 655317 W. [ridinglights.org](http://ridinglights.org)  
Riding Lights Theatre Company,  
Friargate Theatre, Lower Friargate, York, YO1 9SL  
Charity Registered No. 1070142



# North Yorkshire Council Home to School Travel Policy

We have been asked to share the following information with you:

I write to advise you that the Council has today commenced a consultation on proposed changes to the Council's Home to School Travel Policy.

The necessary information can be found here on the Council's website: <https://www.northyorks.gov.uk/your-council/consultations-and-engagement/current-consultations/home-school-travel-policy-consultation> , together with an online survey form for your responses to the consultation and details of engagement events that will be held during the course of the consultation period.

The consultation closing date is **Friday 12 April**.





Available to book now!  
Approved CPD training for anyone who  
works with children or teenagers.  
**National Standards CPD accredited  
with certificate**

Thursday  
21 March  
19:00 - 20:00  
**FREE**



**FREE SESSION**  
Understanding Addictive  
Behaviour - Screens, gaming,  
drugs and more

Tuesday  
19 March  
19:00 - 21:00  
£24



**What is ACT?**  
An introduction to Acceptance  
and Commitment Therapy

Thursday  
28 March  
19:00 - 21:00  
£24



**Supporting a child with ADHD**  
challenging the stereotypes and  
giving practical advice

## Addictive Behaviour



**21st March** (7pm to 8pm)

Available to book now via the website  
[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk) on the PARENT page

## Understanding Anger: Yours & Theirs!



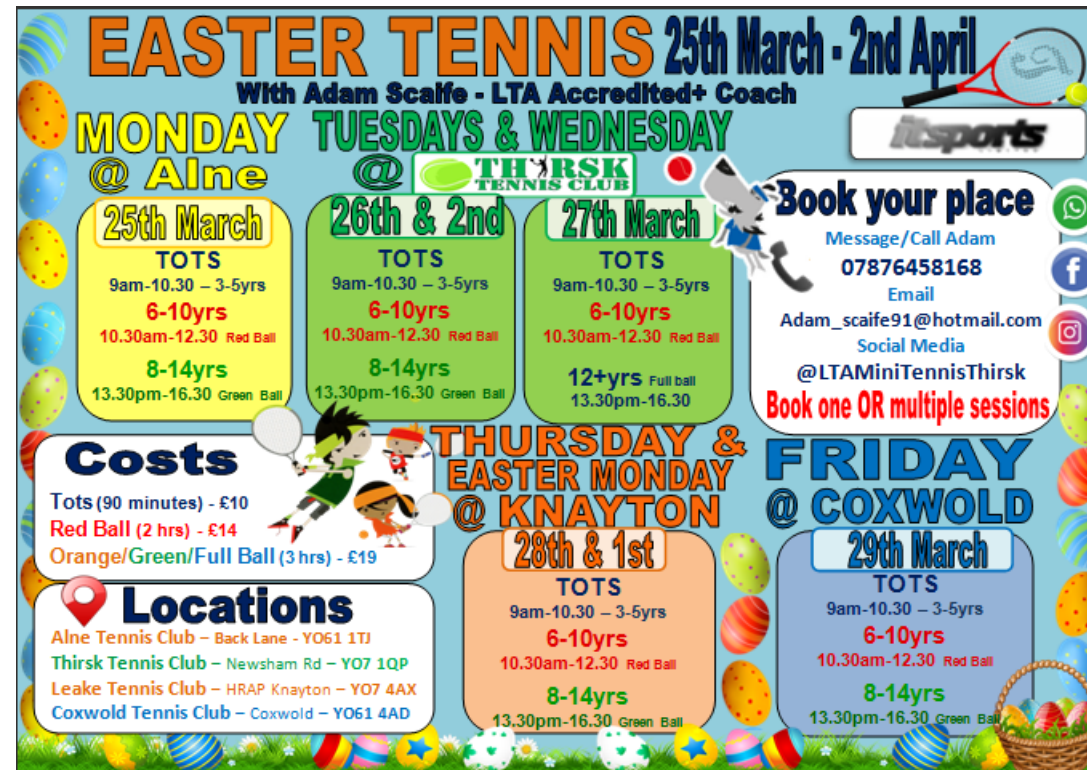
## UNDERSTANDING ANGER

11th March 7-9pm £24

Jane Keyworth, Lead Facilitator at FACE  
giving a two hour talk to parents (and teachers),  
explaining what anger is, why we have it  
and how to manage it.

**Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)**

# Easter Holiday Activities



**EASTER TENNIS** 25th March - 2nd April  
With Adam Scaife - LTA Accredited+ Coach

**MONDAY @ Alne**  
25th March  
TOTS 9am-10.30 - 3-5yrs  
6-10yrs 10.30am-12.30 Red Ball  
8-14yrs 13.30pm-16.30 Green Ball

**TUESDAYS & WEDNESDAY @ THIRSK TENNIS CLUB**  
26th & 2nd 27th March  
TOTS 9am-10.30 - 3-5yrs  
6-10yrs 10.30am-12.30 Red Ball  
8-14yrs 13.30pm-16.30 Green Ball  
12+yrs Full ball 13.30pm-16.30

**THURSDAY & EASTER MONDAY @ KNAVYTON**  
28th & 1st  
TOTS 9am-10.30 - 3-5yrs  
6-10yrs 10.30am-12.30 Red Ball  
8-14yrs 13.30pm-16.30 Green Ball

**FRIDAY @ COXWOLD**  
29th March  
TOTS 9am-10.30 - 3-5yrs  
6-10yrs 10.30am-12.30 Red Ball  
8-14yrs 13.30pm-16.30 Green Ball

**Costs**  
Tots (90 minutes) - £10  
Red Ball (2 hrs) - £14  
Orange/Green/Full Ball (3 hrs) - £19

**Locations**  
Alne Tennis Club - Back Lane - YO61 1TJ  
Thirsk Tennis Club - Newsham Rd - YO7 1QP  
Leake Tennis Club - HRAP Knavyton - YO7 4AX  
Coxwold Tennis Club - Coxwold - YO61 4AD

**Book your place**  
Message/Call Adam  
07876458168  
Email  
Adam\_scaife91@hotmail.com  
Social Media  
@LTAMiniTennisThirsk  
Book one OR multiple sessions

**itsports**

WhatsApp, Facebook, Instagram icons