

# CRAYKE

CHURCH OF ENGLAND PRIMARY SCHOOL

Respect | Friendship | Forgiveness | Determination

*"Follow your pathway and we grow together with confidence"*



# Crayke CE Primary School

Summer Term 2025

Crayke Chronicle - Standing Items

# Our Safeguarding Team

At Crayke, we have three members of staff and a governor who make up our Safeguarding Leadership Team. Mrs Jackson is the Designated Safeguarding Lead, which means that she is the lead person responsible for child protection and safeguarding issues. Mrs Rayner and Mrs Helfferich are our Deputy Designated Safeguarding Leads (Deputy DSLs); a deputy DSL supports the DSL in their role of safeguarding and child protection. Mrs Andrea Hayes is our Safeguarding Link Governor. The role of the Safeguarding Governor is to support the DSL as well as to regularly review, ask questions and make suggestions about our safeguarding policies and procedures and to report back to the governing body. All staff at Crayke know that safeguarding is EVERYONE'S responsibility. Find out more on our dedicated website Safeguarding page: <https://craykeschool.org/safeguarding/>

You can also report any safeguarding concerns to our DSL email: [dsl@crayke.n-yorks.sch.uk](mailto:dsl@crayke.n-yorks.sch.uk)

Please also be aware that as a school we subscribe to Operation Encompass, whereby we are notified of any incidences of domestic violence where a pupil at our school has been present.

# Attendance and Punctuality

## Attendance

We strive for high levels of attendance at school. Please try, wherever possible, to book holidays out of term time. The impact of even one day's absence on your child's learning is huge. Also, please try to book medical appointments out of school hours if possible as this also minimises the time missed. If your child is very unwell and unable to attend school, please inform the office by phoning **01347 821767** no later than **9:15am**. Thank you for your support with this important matter.

## Punctuality

It is very important that the children arrive to school on time so that:

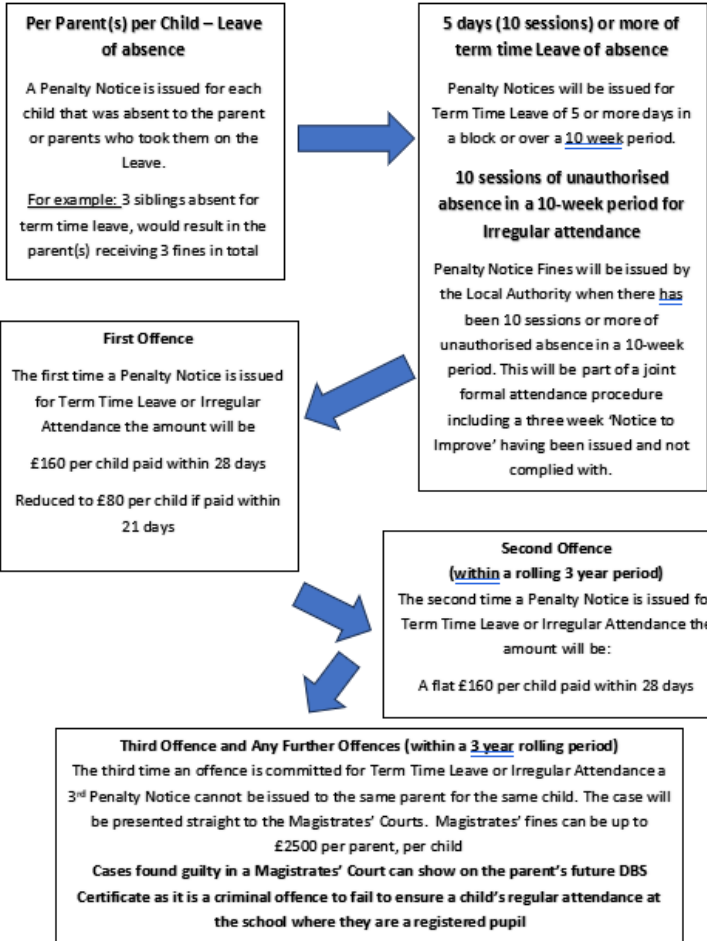
1. They take part in all of the learning opportunities for the day with complete focus and without interruption from late arrivals.
2. Teachers can teach the best possible lessons without complete focus and without interruption from late arrivals.

# Attendance and Punctuality

New rules around attendance are now in force. Further details are outlined here.

## Attendance is Changing

With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notices issued after the 19<sup>th</sup> August 2024



# School Website

- Our school website contains a wealth of information on all matters relating to school life.
- Please visit the curriculum section here: <https://craykeschool.org/curriculum/> to find out more about what your child is learning in school.
- Please also visit the 'Parents' section for more information about school routines and expectations and the 'Children' section for other useful information.

# Online Safety

We recognise the importance of online safety and also understand that it is a fast paced, ever changing online world where parents can struggle to keep up with the technical knowledge and understanding demonstrated by their children. The National Online Safety organisation produce guides, which we share with parents and carers regularly. These leaflets are also made available on the Online Safety section of our website. Should you wish to access any of the other online safety parent guides available on a whole range of topics including what parents need to know about Amazon Fire Tablets, Google Chromebooks, and ways to champion equality online, please have a look at this weblink: <https://nationalonlinesafety.com/guides>

Should you wish to access more information about how to support your child/ren with online safety at home, this course is available which explains in detail the risks they might be exposed to and what you can do to support them. <https://info.nationalonlinesafety.com/myleene-uk>

# Cost of Living Crisis – Pupil Premium

- We are very aware that costs continue to rise and look set to do so for some time. If you are encountering financial difficulties, we may be able to signpost support. Please get in touch.
- If your circumstances have changed and you think your child may be eligible for free school meals, it has never been easier to apply. There is no stigma attached to this, it is not highlighted to the children in any way, and the school gets valuable funding too. If you would like a confidential conversation about whether you may be eligible for free school meals, please do not hesitate to speak to me. To apply directly please use this weblink: <https://www.northyorks.gov.uk/free-school-meals>

# Curriculum Information for Summer Term 2025

We look forward to an exciting term with each class focussing on the following themes and enquiry questions in their learning:

SUMMER 2025	Theme	Enquiry Question	Enrichment ( <i>Stunning Start/Marvellous Middle/Fabulous Finish</i> )
Apple	1) Ready, Steady, Grow 2) Up, Up and Away	1) How do things grow? 2) How do people live in other countries?	1) School garden development project + community afternoon tea 2) Elvington Air Museum visit
Beech	Animal Explorers	Where are the wild things?	Askham Bryan Wildlife Park visit
Holly	Radical Romans	How did the Romans impact Britain?	Murton Park visit
Oak	Riches in the Rainforest	How did the Rainforest support the Maya?	Maya themed day – in school



# Spellings – Beech Class Summer 1



## Beech Class: Summer 1 Spelling list

All spelling rules have been taught during the second half of the Spring term.

Test: Fridays	25/04	02/05	09/05	16/05	23/05
Spelling Focus:	The /w/ sound affects how graphemes a, <u>ar</u> and or are said.	Add the suffix -es to words ending - <u>sh</u> and - <u>tch</u> .  Double the final consonant to protect a short vowel sound when adding - <u>ing</u> .	Swap the y for an <u>i</u> before adding -es.	Swap the y for an <u>i</u> before adding -es.  When the word ends in ay, oy <u>ey</u> , just add -s.	Double the letter after a short vowel sound. Rule breaker: Don't double the letter v.  Don't double letters in words ending in -al.
1	watch	swaps	flies	jellies	table
2	squash	wants	tries	lollies	bubble
3	swap	squashes	dries	alley	animal
4	reward	washes	pennies	chimney	capital
5	quarter	matches	parties	donkey	tunnel
6	towards	squatting	babies	kidneys	fossil
7	word	working	plays	monkeys	pencil
8	world	watering	enjoys	turkeys	travel
9	who * prickly spelling	whole * prickly spelling	friend * prickly spelling	move * prickly spelling	improve * prickly spelling
Score /9					

# Spellings – Holly Class Summer 1



## Holly Class: Summer 1 Spelling list

Test:	25/04/25		02/05/25	09/05/25	16/05/25	23/05/25
Focus:	Curriculum vocabulary		Words ending <u>-ous</u>	Words ending <u>-ous</u>	Words ending <u>-ous</u> with no obvious root word	Words with the /k/ sound spelt <u>ch</u> (Greek in origin)
1	village	National Curriculum spelling pattern	poisonous	courageous	tremendous	scheme
2	roman		dangerous	outrageous	enormous	chorus
3	soldier		mountainous	serious	jealous	chemist
4	Britain		various	obvious	delicious	character
5	chariot	Commonly misspelt words	know	swimming	silently	with
6	gladiator		once	hopping	silence	guitar
7	history		great	jogging	equipment	scissors
8	island	KS2 Statutory spellings	address	increase	possible	height
9	empire		arrive	interest	pressure	difficult
10	mosaic		knowledge	bicycle	suppose	different
		Optional extra spellings				
11	aqueduct		forward	support	invertebrate	skeletons
12	theatre		colosseum	protection	vertebrate	shield

# Spellings – Oak Class Summer 1



## Oak Class: Summer 1 Spelling list

Test:	25/04/25		02/05/25	09/05/25	16/05/25	23/05/25
Focus:	Curriculum vocabulary		Words with endings which sound like /shuh/ after a vowel letter	Words with endings which sound like /shuh/ after a consonant letter	Year 5/6 Word List (SATs Week)	Words with a 'soft c' spelt /ce/
1	percentage	National Curriculum spelling pattern	official	partial	conscience	certificate
2	ratio		special	essential	conscious	celebrate
3	algebra		artificial	potential	controversy	necessary
4	audience		social	influential	convenience	December
5	purpose	Commonly misspelt words	their	important	memorable	delicious
6	micro-organism		they're	frequent	qualified	emotion
7	classification		there	queue	nutritious	advisable
8	rainforest	KS2 Statutory spellings	average	communicate	correspond	definite
9	civilisation		cemetery	community	criticise	desperate
10	deforestation		committee	competition	curiosity	determined
		Optional extra spellings				
11	cooperation		beneficial	confidential	equivalent	hindrance
12	equipment		superficial	substantial	equidistant	nuisance

# Lunch Menu

SPRING/SUMMER MENU 2025	Week 1 Served w/c 24 Feb, 17 Mar, 21 Apr, 12 May, 9 Jun, 30 Jun, 21 July	Week 2 Served w/c 3 Mar, 24 Mar, 28 Apr, 19 May, 16 Jun, 7 July	Week 3 Served w/c 10 Mar, 31 Mar, 5 May, 2 Jun, 23 Jun, 14 July
<b>Monday</b>	Italian Pasta Bake Carrots & Broccoli Home baked Garlic Bread  Double Mousse Pot Fresh Fruit or Fruit Yoghurt	Pizza Baked Potato Wedges Peas & Sweetcorn  Chocolate Crispie Fresh Fruit or Fruit Yoghurt	Beef Burger Fries Mixed Salad  Summer Berry & Lemon Muffin Fresh Fruit or Fruit Yoghurt
<b>Tuesday</b>	Minced Beef Loaded Wedges Vegetable Sticks Crusty Bread  Marble Sponge & Custard Fresh Fruit or Fruit Yoghurt	Pasta Bolognese Cauli & Green Beans Home baked Garlic Flatbread  Iced Summer Shortcake Fresh Fruit or Fruit Yoghurt	Sweet & Sour Pork Noodles Green Beans & Cauli Crusty Bread  Cheese & Biscuit Fresh Fruit or Fruit Yoghurt
<b>Wednesday</b>	Sausage, Mash & Gravy Medley of Vegetables Sliced Wholemeal Bread  Fruity Flapjack Fresh Fruit or Fruit Yoghurt	Chicken & Tomato Bake 50/50 Rice Medley of Vegetables Pitta Bread  Apple Sponge & Custard Fresh Fruit or Fruit Yoghurt	Roast Chicken & Yorkshire Pudding with Gravy Mash Carrots & Broccoli Sliced Wholemeal Bread  Chocolate Surprise Cake Fresh Fruit or Fruit Yoghurt
<b>Thursday</b>	Chicken Korma with Rice Green Beans & Sweetcorn Naan Bread  Doughnut Muffin Fresh Fruit or Fruit Yoghurt	All Day Breakfast  Jelly & Ice-cream Fresh Fruit or Fruit Yoghurt	Creamy Mac & Cheese Peas & Sweetcorn Home baked Garlic Bread  Summer Crumble Pot Fresh Fruit or Fruit Yoghurt
<b>Friday</b>	Fish Fingers and Chips Spaghetti Hoops & Peas Home baked 50/50 Bread  Custard Cookie Fresh Fruit or Fruit Yoghurt	(Harry Ramsdens) Battered Fish with Chips & Ketchup Peas & Carrots Sliced Wholemeal Bread  Jam Scone Fresh Fruit or Fruit Yoghurt	Fish Star, Potato Wedges & Ketchup Vegetable Sticks Home baked 50/50 Bread  Biscuit Swirl Fresh Fruit or Fruit Yoghurt



# Healthy Packed Lunch Guidance for Parents/ Carers with Children at Primary School

A healthy packed lunch will give children the energy and nutrition they need to get the most from their school day – helping them to stay healthy, feel good and be ready and able to learn. Just like school meals, packed lunches should be made up of foods from the main food groups in the Eatwell Guide [www.nhs.uk/live-well/eat-well/the-eatwell-guide](http://www.nhs.uk/live-well/eat-well/the-eatwell-guide) and portions should be appropriate for a child's age and size. This will ensure every child has a healthy and nutritionally-balanced lunch.

## What should I include in my healthy packed lunch?

Please try to include **ONE** of each of the following in your lunch each day:



### STARCHY CARBOHYDRATE

- ✓ bread, wrap, pitta, bagel, rolls, baguette
- ✓ rice or couscous
- ✓ noodles or plain pasta – avoid flavoured instant packet products and limit canned pasta
- ✓ potatoes
- ✓ oatcakes, rice cakes or crackers

Wholemeal/wholegrain options contain more fibre and keep you fuller for longer

**Gives you energy for the day ahead!**



### DAIRY FOOD (or non-dairy alternative)

- ✓ cheese – hard, soft, spread
- ✓ yoghurt or fromage frais
- ✓ milk
- ✓ custard

Choose low fat, low sugar options where possible

**Good for healthy bones and teeth!**



### FRUIT (fresh, frozen, tinned or dried)

- ✓ apple
- ✓ banana
- ✓ satsuma
- ✓ pear
- ✓ plum
- ✓ mango
- ✓ melon
- ✓ dried fruit e.g. raisins, apricots, dates. Add to meals and not as a snack
- ✓ cherry tomatoes (chopped)
- ✓ handful of grapes (halved)
- ✓ fruit salad or kebab

Wash fruit and vegetables prior to preparing.

Ensure canned fruit is in juice not syrup.

**Fruit and vegetables give you vitamins, minerals and fibre to stay healthy. Part of your '5 a day'**

**How much?** A portion is one child-sized handful.

### VEGETABLES OR SALAD

- ✓ chopped vegetable sticks (e.g. carrot, cucumber, pepper)
- ✓ salad in sandwiches
- ✓ vegetable soup
- ✓ Baked beans count as a vegetable but only once during a week. Ensure beans are reduced in salt and sugar

If you are using canned products, choose those without added sugar and salt.



### PROTEIN

- ✓ meat e.g. sliced lean ham, chicken or beef in a sandwich
- ✓ fish – preferably try to include oily fish such as salmon, tinned mackerel, sardines and pilchards. Aim to have one portion a week
- ✓ eggs
- ✓ lentils, beans, chickpeas
- ✓ alternative meat free option

Try to limit processed foods e.g. sausages, meatballs, fishfingers, fishcakes, sausage rolls

**Helps your body to grow and develop**

**DRINKS** – plain tap water is the best option, especially for teeth. Please send your child to school with their own named, clean water bottle each day.

**Drinking enough each day helps keep your body working well and your skin looking healthy!**



### Me-sized meals

Young children don't need as much food as teenagers and adults. When they eat more than they need, the excess energy is stored as fat in their bodies.



## What about snacks for break time?

### The best options for breaktime snacks are:

- Portion of fresh fruit (no dried fruit as snacks please as the sugar can stick in teeth).
- Vegetable sticks.
- Other ideas for healthy snacks could be rice cakes, bread sticks, bag of plain popcorn.

### Please check your school's policy on snacks

## What should I NOT bring to school?

Please do **NOT** include the following items:

- ✗ Sweets and chocolate bars – these foods are high in sugar and calories, low in goodness, and are harmful for teeth.
- ✗ Squash or fizzy drinks – water is best for teeth.
- ✗ Other items e.g. nuts, sesame, fish – please check your school's allergy policy.

Thank you!



## 5 top tips for your packed lunch

- Freezer packs can keep food cool. Freeze a (reusable) bottle of water which will be ready to drink by lunchtime.
- Get your child to help pack their lunch box – they are more likely to enjoy it.
- Love to dip? – cut up pitta bread or veg sticks to have with a dip.
- Use pastry cutters to cut funny-shaped sandwiches.
- Protect your fruit by putting it in a small plastic container e.g. apple/banana guard.



## Get more vegetables in your lunches!

Here are some GREAT ideas for upping the veg content in your lunchboxes  
<https://simplyveg.org.uk/lunchboxes>

## Be safe!

- Please cut up food into small sizes for young children. Cut grapes and cherry tomatoes in half (lengthways if oblong).
- Be aware of allergies – please check your school's allergies guidance.

## School dinners are best!

Making packed lunches can be time consuming and expensive – why not try school dinners?

School meals provide your child with a nutritionally-balanced variety of foods. Every infant child (aged 5-7) is entitled to a **FREE** school lunch.



Also, **FREE school meals** for all age groups are provided to families who receive qualifying incomes such as income support and universal credit. Ask your school office how to order yours. More information is available from your school's website or the **North Yorkshire Council website**

[www.northyorks.gov.uk/education-and-learning/school-meals](http://www.northyorks.gov.uk/education-and-learning/school-meals)

[www.northyorks.gov.uk/free-school-meals](http://www.northyorks.gov.uk/free-school-meals)

Here are some websites with more information to help your family to stay healthy, happy and well:

[healthyschoolsnorthyorks.org/healthy-food](http://healthyschoolsnorthyorks.org/healthy-food)

[www.nhs.uk/healthier-families](http://www.nhs.uk/healthier-families)

[www.nhs.uk/start4life](http://www.nhs.uk/start4life)

And some information on saving money, local food banks, financial support and eating well on a budget:

[healthyschoolsnorthyorks.org/costsavings](http://healthyschoolsnorthyorks.org/costsavings)

