



CRAYKE

CHURCH OF ENGLAND PRIMARY SCHOOL

Respect | Friendship | Forgiveness | Determination

"Follow your pathway and we grow together with confidence"



Crayke CE Primary School

Spring Term 2026

Crayke Chronicle - Standing Items

Our Safeguarding Team

At Crayke, we have two members of staff and a governor who make up our Safeguarding Leadership Team. Mrs Jackson is the Designated Safeguarding Lead, which means that she is the lead person responsible for child protection and safeguarding issues. Mrs Helfferich is our Deputy Designated Safeguarding Lead (Deputy DSL); a deputy DSL supports the DSL in their role of safeguarding and child protection. Mrs Andrea Hayes is our Safeguarding Link Governor. The role of the Safeguarding Governor is to support the DSL as well as to regularly review, ask questions and make suggestions about our safeguarding policies and procedures and to report back to the governing body. All staff at Crayke know that safeguarding is EVERYONE'S responsibility. Find out more on our dedicated website Safeguarding page: <https://craykeschool.org/safeguarding/>

You can also report any safeguarding concerns to our DSL email: dsl@crayke.n-yorks.sch.uk

Please also be aware that as a school we subscribe to Operation Encompass, whereby we are notified of any incidences of domestic violence where a pupil at our school has been present.

Attendance and Punctuality

Attendance

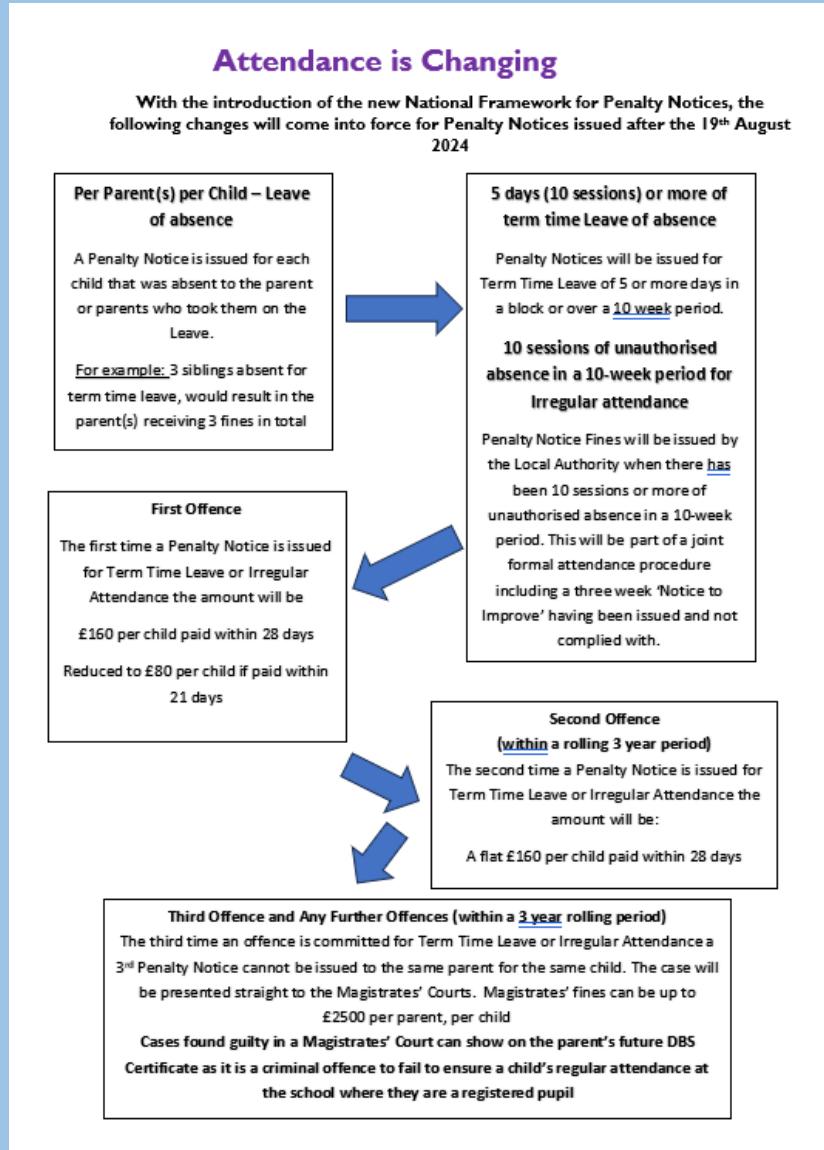
We strive for high levels of attendance at school. Please try, wherever possible, to book holidays out of term time. The impact of even one day's absence on your child's learning is huge. Also, please try to book medical appointments out of school hours if possible as this also minimises the time missed. If your child is very unwell and unable to attend school, please inform the office by phoning **01347 821767 no later than 9:15am**. Thank you for your support with this important matter.

Punctuality

It is very important that the children arrive to school on time so that:

1. They take part in all of the learning opportunities for the day with complete focus and without interruption from late arrivals.
2. Teachers can teach the best possible lessons without complete focus and without interruption from late arrivals.

Attendance and Punctuality



New rules around attendance are now in force. Further details are outlined here.

School Website

- Our school website contains a wealth of information on all matters relating to school life.
- Please visit the curriculum section here:
<https://craykeschool.org/curriculum/> to find out more about what your child is learning in school.
- Please also visit the ‘Parents’ section for more information about school routines and expectations and the ‘Children’ section for other useful information.

Online Safety

We recognise the importance of online safety and also understand that it is a fast paced, ever changing online world where parents can struggle to keep up with the technical knowledge and understanding demonstrated by their children. The National Online Safety organisation produce guides, which we share with parents and carers regularly. These leaflets are also made available on the Online Safety section of our website. Should you wish to access any of the other online safety parent guides available on a whole range of topics including what parents need to know about Amazon Fire Tablets, Google Chromebooks, and ways to champion equality online, please have a look at this weblink: <https://nationalonlinesafety.com/guides>

Should you wish to access more information about how to support your child/ren with online safety at home, this course is available which explains in detail the risks they might be exposed to and what you can do to support them. <https://info.nationalonlinesafety.com/myleene-uk>

Cost of Living Crisis – Pupil Premium

- We are very aware that costs continue to rise and look set to do so for some time. If you are encountering financial difficulties, we may be able to signpost support. Please get in touch.
- If your circumstances have changed and you think your child may be eligible for free school meals, it has never been easier to apply. There is no stigma attached to this, it is not highlighted to the children in any way, and the school gets valuable funding too. If you would like a confidential conversation about whether you may be eligible for free school meals, please do not hesitate to speak to me. To apply directly please use this weblink: <https://www.northyorks.gov.uk/free-school-meals>

Curriculum Information for Spring Term 2026

We look forward to an exciting term with each class focussing on the following themes and enquiry questions in their learning:

Class	Theme	Enquiry Question	Enrichment <i>(Stunning Start/Marvellous Middle/Fabulous Finish)</i>	Further curriculum information available on our website here:
Apple	Once Upon a Time	What important lessons can we learn from Fairy Tales?	Dress up as a fairy tale character	https://craykeschool.org/wp-content/uploads/2025/09/Curriculum-Map-Apple-Class-for-the-year.pdf
Beech	Oh, I do like to be beside the seaside	What is it like beside the seaside?	Virtual tour of the Grace Darling museum	https://craykeschool.org/wp-content/uploads/2026/01/Beech-Class-Curriculum-Tree-Year-B-Spring-2026.pdf
Holly	Tales from Dragon Mountain	Why do people live on volcanoes and mountains?	Volcano workshop – in school	https://craykeschool.org/wp-content/uploads/2026/01/Holly-Class-Curriculum-Tree-Year-B-Spring-2026.pdf
Oak	Into the Darkness...	What was it like to live in the Dark Ages?	Jorvik visit	https://craykeschool.org/wp-content/uploads/2026/01/Oak-Class-Curriculum-Tree-Year-B-Spring-Term-2026.pdf

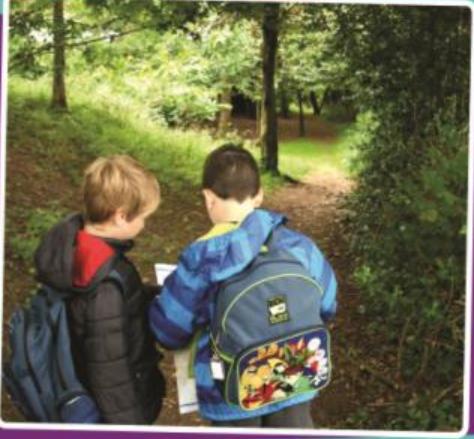
Home School Values – Spring 1

[**CLICK HERE:**](#)

<https://craykeschool.org/2026/home-school-values-spring-2026/>



PERSEVERANCE



'I can do all things through Him who strengthens me.'

Philippians 4.13

QUOTES & QUESTIONS

By perseverance the snail reached the ark.
(Charles H. Spurgeon)

When the world says, 'Give up', Hope whispers, 'Try it one more time.'
(Anon)

Have you ever made fun of someone who takes a long time to do things? Maybe, like the tortoise in Aesop's fable, they will surprise you.

When have you been the voice of hope and encouraged someone to try one more time?

Fall seven times, stand up eight.
(Japanese Proverb)

Dripping water hollows out stone, not through force but through persistence.
(Ovid)

Did you ever have to try lots of times before something was possible?

Have you ever achieved a challenge in small stages, a little at a time?

Home School Values – Spring 2

[**CLICK HERE:**](#)

<https://craykeschool.org/2026/home-school-values-spring-2026/>



JUSTICE

**'Learn to do right.
Seek justice.'**

Isaiah 1.17

QUOTES & QUESTIONS

Earth provides enough to satisfy every man's need, but not every man's greed.
(Mahatma Gandhi)

Justice cannot be for one side alone, but must be for both.
(Eleanor Roosevelt)

How much of what you want is what you actually need?

Do you think about what is fair for others as well as what is fair for yourself?

Overcoming poverty is not a gesture of charity; it is an act of justice.
(Nelson Mandela)

If you want peace, work for justice.
(Pope Paul VI)

Can you rewrite these words spoken by Nelson Mandela in your own words?

Why do you think Pope Paul VI believed justice was essential to having peace?

Spellings – Beech Class Spring 1

[**CLICK HERE:**](#)

<https://craykeschool.org/classes/class-2/>



Beech Class,
Spring 1

Spellings tested on a
Friday

Half Termly Spelling list

All spelling rules have been taught during the
second autumn half-term.

Test:	16/01	23/01	30/01	06/02	13/02
Spelling Focus:	A review of phase 5 graphemes and tricky words. Double the final letter to protect the short vowel sound when you add <u>er</u> .	The double letters ff, ll, ss, zz to protect the short vowel in one syllable words. Double the final letter to protect the short vowel sound when you add <u>er</u> .	Use ck at the end of the word after a short vowel sound. Rule breaker: Multisyllabic words ending in /i/ and /c/ (ic) are usually spelled with the letter c. Use tch at the end of a word after a short vowel sound Rule breakers: rich, much, such, which	Add –es if a word ends in the sounds /s/, /x/, /z/, /sh/, /ch/. Double the final letter to protect the short vowel sound when you add <u>ing</u> . Rule breaker: x is never doubled when adding the suffix <u>ing</u> .	Swap the y for an I when you add –ed. Rule breakers: When the words end in the digraphs ay, oy, ey, just add -ed Drop the e before adding –ina. Rule breakers: being, seeing, freeing (for the /ee/ sound)
1	wrist	huff	quick	foxes	carried
2	little	fizz	cloak	wishes	tidied
3	school	freeze	magic * <small>rule breaker</small>	brushes	played * <small>rule breaker</small>
4	thumb	hotter	stretch	fizzes	hiding
5	lorry	shimmer	match	humming	having
6	wheel	supper	kitchen	dropping	making
7	wiggle	powder	beach	jumping	seeing * <small>rule breaker</small>
8	thunder	singer	which * <small>rule breaker</small>	fixing * <small>rule breaker</small>	being * <small>rule breaker</small>

Spellings – Holly Class Spring 1

[CLICK HERE:](#)

<https://craykeschool.org/classes/class-3/>



Holly Class: Spring 1 Spelling list

Test:	09/01/26	National Curriculum spelling pattern	16/01/26	23/01/26	30/01/26	06/02/26	13/06/26
Focus:	Curriculum vocabulary		Words ending -sure	Words ending -ture	Words with the /eɪ/ sound spelt ei, eigh, or ey	Words with the /k/ sound spelt ch	Possessive apostrophes in plural words
1	volcano		treasure	creature	weight	chemist	dogs'
2	mountain		measure	furniture	eight	scheme	girls'
3	earthquake		pressure	picture	vein	echo	children's
4	eruption		enclosure	nature	obey	character	mice's
5	fossils		believe	teacher	they	here	women's
6	evidence		friends	richer	write	hear	torches
7	length		come	stretcher	right	which	leaves
8	width		history	caught	experience	February	remember
9	height		natural	various	experiment	heart	separate
10	perimeter		medicine	famous	forward	heard	notice
		Optional extra spellings					
11	palaeontologist		pleasure	adventure	neighbour	chaos	thieves
12	impermeable		ensure	temperature	sleigh	stomach	loaves

Spellings – Oak Class Spring 1

[CLICK HERE:](#)

<https://craykeschool.org/classes/class-4/>



Oak Class: SPRING 1 Spelling list							
	Week ending 9/1		Week ending 16/1	Week ending 23/1	Week ending 30/1	Week ending 06/02	Week ending 13/02
Focus	Curriculum vocabulary	National Curriculum Spelling Pattern	Words with silent letters	Words with silent letters	In pairs of words, nouns end -ce, verbs end -se	In pairs of words, nouns end -ce, verbs end -se	Homophones and words that are confused
	1 settlement		doubt	knight	advice	practice	aisle
	2 invasion		lamb	thistle	advise	practise	isle
	3 Christianity		island	loch	device	licence	aloud
	4 missionaries		solemn	receipt	devise	license	allowed
	5 daub		separate	calendar	until	disappear	competition
	6 resistance		beginning	surprise	descent	disappoint	beautiful
	7 celestial		cousin	disastrous	certain	conscious	becoming
	8 rotation	Commonly misspelt words	recommend	prejudice	individual	marvellous	necessary
	9 spherical		muscle	privilege	pronunciation	mischievous	neighbour
	10 system		persuade	profession	language	queue	nuisance
	11 heliocentric		rhyme	identity	rhythm	occupy	opportunity
	12 astronomical		physical	programme	lightning	occurred	parliament

Lunch Menu

NYES | Catering 

For more information about food items, menus, or recipes, please speak to your on-site catering team, or contact our Technical Support Team:
E: NYESCatering@northyorkshire.gov.uk T: (01609) 535324
W: www.northyorkshire.gov.uk/schoolmeals

WEEK 1
Served w/c 1st Sept, 22nd Sept, 13th Oct, 10th Nov, 1st Dec 2025, 5th Jan, 26th Jan 2026

WEEK 2
Served w/c 8th Sept, 29th Sept, 20th Oct, 17th Nov, 8th Dec 2025, 12th Jan and 2nd Feb 2026

WEEK 3
Served w/c 15th Sept, 6th Oct, 3rd Nov, 24th Nov, 15th Dec 2025, 19th Jan, 9th Feb 2026

Monday

 Fresh fruit or yoghurt options available every day!

 If your child has an allergy or special dietary requirements, please inform your school and our catering team, so we can discuss their needs.

 We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.

Tuesday

Wednesday

Thursday

Friday

Vegetarian **Vegan**



Our menus are not only tasty, but comply with the Government School Food Standards, meaning they are good for your children too. They will very occasionally need to change due to circumstances beyond our control, so please check with your catering team if your child has any dietary requirements.

Find out if you are eligible to receive free school meals and apply in a matter of minutes by scanning here:
www.northyorkshire.gov.uk/free-school-meals



Autumn 2025 Menu

WEEK 1	WEEK 2	WEEK 3
<ul style="list-style-type: none"> ✓ Cheesy Tomato Pasta Bake ✓ Vanilla Swirl Cookie Chicken Korma with 50/50 Rice ✓ Fruity Jam Sandwich & Custard Minced Beef & Dumpling ✓ Jelly & Ice-cream Hot Dog ✓ Toffee Apple Muffin Battered Fish ✓ Chocolate Orange Mousse Cake 	<ul style="list-style-type: none"> Chicken Burger ✓ Diced Potatoes ✓ Oat Cookie & Cheese ✓ Crunchy Topped Mac & Cheese ✓ Sticky Toffee Pudding & Custard Roast Gammon ✓ Berry Mousse Pot Beef Mexican Taco with Rice ✓ Chocolate Sponge & Chocolate Sauce Fish Star ✓ Lemon Drizzle Shortbread 	<ul style="list-style-type: none"> ✓ Pizza ✓ Potato Wedges ✓ Chocolate Brownie Spaghetti Bolognese ✓ Cheese & Biscuit Roast Chicken & Yorkshire Pudding ✓ Mashed Potatoes ✓ Rice Pudding & Jam Pork Meatballs in a Tomato Sauce with Rice ✓ Rhubarb Crumble Sponge & Custard Fish Fingers ✓ Fruit Muffin

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.



Healthy Schools
North Yorkshire

Healthy Packed Lunch Guidance for Parents/Carers with Children at Primary School



A healthy packed lunch will give children the energy and nutrition they need to get the most from their school day – helping them to stay healthy, feel good and be ready and able to learn. Just like school meals, packed lunches should be made up of foods from the main food groups in the Eatwell Guide www.nhs.uk/live-well/eat-well/the-eatwell-guide and portions should be appropriate for a child's age and size. This will ensure every child has a healthy and nutritionally-balanced lunch.

What should I include in my healthy packed lunch?

Please try to include ONE of each of the following in your lunch each day:



STARCHY CARBOHYDRATE

- ✓ bread, wrap, pitta, bagel, rolls, baguette
- ✓ rice or couscous
- ✓ noodles or plain pasta – avoid flavoured instant packet products and limit canned pasta
- ✓ potatoes
- ✓ oatcakes, rice cakes or crackers

Wholemeal/wholegrain options contain more fibre and keep you fuller for longer

Gives you energy for the day ahead!



DAIRY FOOD (or non-dairy alternative)

- ✓ cheese – hard, soft, spread
- ✓ yoghurt or fromage frais
- ✓ milk
- ✓ custard

Choose low fat, low sugar options where possible

Good for healthy bones and teeth!



FRUIT (fresh, frozen, tinned or dried)

- ✓ apple
- ✓ banana
- ✓ satsuma
- ✓ pear
- ✓ plum
- ✓ mango
- ✓ melon
- ✓ dried fruit e.g. raisins, apricots, dates. Add to meals and not as a snack
- ✓ cherry tomatoes (chopped)
- ✓ handful of grapes (halved)
- ✓ fruit salad or kebab

Wash fruit and vegetables prior to preparing.

Ensure canned fruit is in juice not syrup.



Fruit and vegetables give you vitamins, minerals and fibre to stay healthy. Part of your '5 a day'

How much? A portion is one child-sized handful.



VEGETABLES OR SALAD

- ✓ chopped vegetable sticks (e.g. carrot, cucumber, pepper)
- ✓ salad in sandwiches
- ✓ vegetable soup
- ✓ Baked beans count as a vegetable but only once during a week. Ensure beans are reduced in salt and sugar

If you are using canned products, choose those without added sugar and salt.



PROTEIN

- ✓ meat e.g. sliced lean ham, chicken or beef in a sandwich
- ✓ fish – preferably try to include oily fish such as salmon, tinned mackerel, sardines and pilchards. Aim to have one portion a week
- ✓ eggs
- ✓ lentils, beans, chickpeas
- ✓ alternative meat free option

Try to limit processed foods e.g. sausages, meatballs, fishfingers, fishcakes, sausage rolls

Helps your body to grow and develop



Me-sized meals

Young children don't need as much food as teenagers and adults. When they eat more than they need, the excess energy is stored as fat in their bodies.

DRINKS – plain tap water is the best option, especially for teeth. Please send your child to school with their own named, clean water bottle each day.

Drinking enough each day helps keep your body working well and your skin looking healthy!



What about snacks for break time?

The best options for breaktime snacks are:

- Portion of fresh fruit (no dried fruit as snacks please as the sugar can stick in teeth).
- Vegetable sticks.
- Other ideas for healthy snacks could be rice cakes, bread sticks, bag of plain popcorn.

Please check your school's policy on snacks

What should I NOT bring to school?

Please do **NOT** include the following items:

- ✗ Sweets and chocolate bars – these foods are high in sugar and calories, low in goodness, and are harmful for teeth.
- ✗ Squash or fizzy drinks – water is best for teeth.
- ✗ Other items e.g. nuts, sesame, fish – please check your school's allergy policy.

Thank you!



Be safe!

- Please cut up food into small sizes for young children. Cut grapes and cherry tomatoes in half (lengthways if oblong).
- Be aware of allergies – please check your school's allergies guidance.

5 top tips for your packed lunch

- Freezer packs can keep food cool. Freeze a (reusable) bottle of water which will be ready to drink by lunchtime.
- Get your child to help pack their lunch box – they are more likely to enjoy it.
- Love to dip? - cut up pitta bread or veg sticks to have with a dip.
- Use pastry cutters to cut funny-shaped sandwiches.
- Protect your fruit by putting it in a small plastic container e.g. apple/banana guard.



Get more vegetables in your lunches!

Here are some **GREAT** ideas for upping the veg content in your lunchboxes
<https://simplyveg.org.uk/lunchboxes>

School dinners are best!

Making packed lunches can be time consuming and expensive – why not try school dinners?



School meals provide your child with a nutritionally-balanced variety of foods. Every infant child (aged 5-7) is entitled to a **FREE** school lunch.

Also, **FREE** school meals for all age groups are provided to families who receive qualifying incomes such as income support and universal credit. Ask your school office how to order yours. More information is available from your school's website or the **North Yorkshire Council website**

www.northyorks.gov.uk/education-and-learning/school-meals
www.northyorks.gov.uk/free-school-meals

Here are some websites with more information to help your family to stay healthy, happy and well:

healthyschoolsnorthyorks.org/healthy-food
www.nhs.uk/healthier-families
www.nhs.uk/start4life

And some information on saving money, local food banks, financial support and eating well on a budget:

healthyschoolsnorthyorks.org/costsaving



Healthy Schools
North Yorkshire



NORTH
YORKSHIRE
COUNCIL