

# CRAYKE

CHURCH OF ENGLAND PRIMARY SCHOOL

Respect | Friendship | Forgiveness | Determination

*"Follow your pathway and we grow together with confidence"*



# Crayke CE Primary School

Spring Term 2026

Crayke Chronicle - Standing Items

# Our Safeguarding Team

At Crayke, we have two members of staff and a governor who make up our Safeguarding Leadership Team. Mrs Jackson is the Designated Safeguarding Lead, which means that she is the lead person responsible for child protection and safeguarding issues. Mrs Helfferich is our Deputy Designated Safeguarding Lead (Deputy DSL); a deputy DSL supports the DSL in their role of safeguarding and child protection. Mrs Andrea Hayes is our Safeguarding Link Governor. The role of the Safeguarding Governor is to support the DSL as well as to regularly review, ask questions and make suggestions about our safeguarding policies and procedures and to report back to the governing body. All staff at Crayke know that safeguarding is EVERYONE'S responsibility. Find out more on our dedicated website Safeguarding page: <https://craykeschool.org/safeguarding/>

You can also report any safeguarding concerns to our DSL email: [dsl@crayke.n-yorks.sch.uk](mailto:dsl@crayke.n-yorks.sch.uk)

Please also be aware that as a school we subscribe to Operation Encompass, whereby we are notified of any incidences of domestic violence where a pupil at our school has been present.

# Attendance and Punctuality

## Attendance

We strive for high levels of attendance at school. Please try, wherever possible, to book holidays out of term time. The impact of even one day's absence on your child's learning is huge. Also, please try to book medical appointments out of school hours if possible as this also minimises the time missed. If your child is very unwell and unable to attend school, please inform the office by phoning **01347 821767** no later than **9:15am**. Thank you for your support with this important matter.

## Punctuality

It is very important that the children arrive to school on time so that:

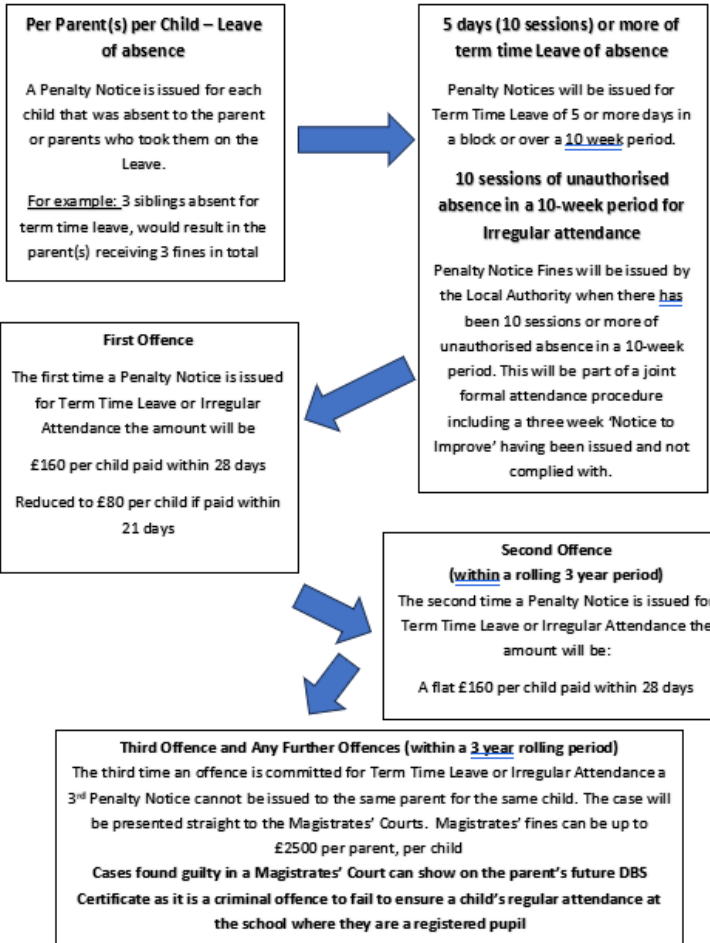
1. They take part in all of the learning opportunities for the day with complete focus and without interruption from late arrivals.
2. Teachers can teach the best possible lessons without complete focus and without interruption from late arrivals.

# Attendance and Punctuality

New rules around attendance are now in force. Further details are outlined here.

## Attendance is Changing

With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for Penalty Notices issued after the 19<sup>th</sup> August 2024



# School Website

- Our school website contains a wealth of information on all matters relating to school life.
- Please visit the curriculum section here: <https://craykeschool.org/curriculum/> to find out more about what your child is learning in school.
- Please also visit the 'Parents' section for more information about school routines and expectations and the 'Children' section for other useful information.

# Online Safety

We recognise the importance of online safety and also understand that it is a fast paced, ever changing online world where parents can struggle to keep up with the technical knowledge and understanding demonstrated by their children. The National Online Safety organisation produce guides, which we share with parents and carers regularly. These leaflets are also made available on the Online Safety section of our website. Should you wish to access any of the other online safety parent guides available on a whole range of topics including what parents need to know about Amazon Fire Tablets, Google Chromebooks, and ways to champion equality online, please have a look at this weblink: <https://nationalonlinesafety.com/guides>

Should you wish to access more information about how to support your child/ren with online safety at home, this course is available which explains in detail the risks they might be exposed to and what you can do to support them. <https://info.nationalonlinesafety.com/myleene-uk>

# Cost of Living Crisis – Pupil Premium

- We are very aware that costs continue to rise and look set to do so for some time. If you are encountering financial difficulties, we may be able to signpost support. Please get in touch.
- If your circumstances have changed and you think your child may be eligible for free school meals, it has never been easier to apply. There is no stigma attached to this, it is not highlighted to the children in any way, and the school gets valuable funding too. If you would like a confidential conversation about whether you may be eligible for free school meals, please do not hesitate to speak to me. To apply directly please use this weblink: <https://www.northyorks.gov.uk/free-school-meals>

# Curriculum Information for Spring Term 2026

We look forward to an exciting term with each class focussing on the following themes and enquiry questions in their learning:

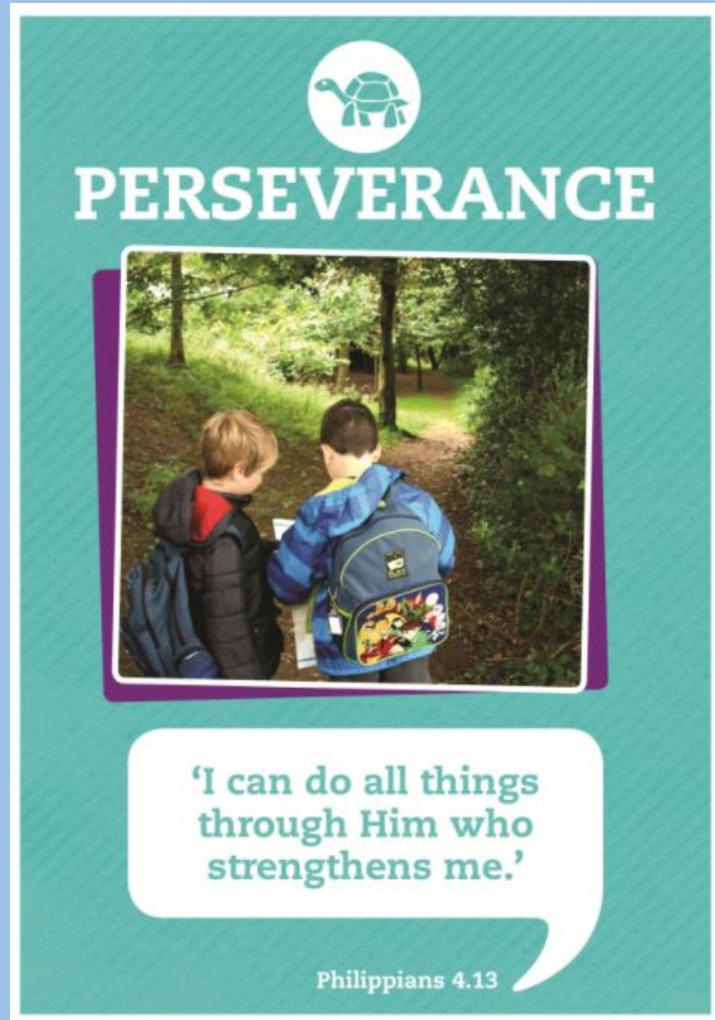
Class	Theme	Enquiry Question	Enrichment ( <i>Stunning Start/Marvellous Middle/Fabulous Finish</i> )	Further curriculum information available on our website here:
Apple	Once Upon a Time	What important lessons can we learn from Fairy Tales?	Dress up as a fairy tale character	<a href="https://craykeschool.org/wp-content/uploads/2025/09/Curriculum-Map-Apple-Class-for-the-year.pdf">https://craykeschool.org/wp-content/uploads/2025/09/Curriculum-Map-Apple-Class-for-the-year.pdf</a>
Beech	Oh, I do like to be beside the seaside	What is it like beside the seaside?	Virtual tour of the Grace Darling museum	<a href="https://craykeschool.org/wp-content/uploads/2026/01/Beech-Class-Curriculum-Tree-Year-B-Spring-2026.pdf">https://craykeschool.org/wp-content/uploads/2026/01/Beech-Class-Curriculum-Tree-Year-B-Spring-2026.pdf</a>
Holly	Tales from Dragon Mountain	Why do people live on volcanoes and mountains?	Volcano workshop – in school	<a href="https://craykeschool.org/wp-content/uploads/2026/01/Holly-Class-Curriculum-Tree-Year-B-Spring-2026.pdf">https://craykeschool.org/wp-content/uploads/2026/01/Holly-Class-Curriculum-Tree-Year-B-Spring-2026.pdf</a>
Oak	Into the Darkness...	What was it like to live in the Dark Ages?	Jorvik visit	<a href="https://craykeschool.org/wp-content/uploads/2026/01/Oak-Class-Curriculum-Tree-Year-B-Spring-Term-2026.pdf">https://craykeschool.org/wp-content/uploads/2026/01/Oak-Class-Curriculum-Tree-Year-B-Spring-Term-2026.pdf</a>



# Home School Values – Spring 1

**CLICK HERE:**


<https://craykeschool.org/2026/home-school-values-spring-2026/>




# Home School Values – Spring 2

**CLICK HERE:**

<https://craykeschool.org/2026/home-school-values-spring-2026/>

  
**JUSTICE**



**‘Learn to do right.  
Seek justice.’**

Isaiah 1.17

**QUOTES  
& QUESTIONS**

Earth provides enough to satisfy every man's need, but not every man's greed.  
*(Mahatma Gandhi)*

Justice cannot be for one side alone, but must be for both.  
*(Eleanor Roosevelt)*

? How much of what you want is what you actually need?

? Do you think about what is fair for others as well as what is fair for yourself?

Overcoming poverty is not a gesture of charity; it is an act of **justice**.  
*(Nelson Mandela)*

If you want peace, work for **justice**.  
*(Pope Paul VI)*

? Can you rewrite these words spoken by Nelson Mandela in your own words?

? Why do you think Pope Paul VI believed **justice** was essential to having peace?

# Spellings – Beech Class Spring 1

**CLICK HERE:**

<https://craykeschool.org/classes/class-2/>



Beech Class,  
Spring 1

Spellings tested on a  
Friday

## Half Termly Spelling list

All spelling rules have been taught during the second autumn half-term.

Test:	16/01	23/01	30/01	06/02	13/02
Spelling Focus:	A review of phase 5 graphemes and tricky words.	The double letters ff, ll, ss, zz to protect the short vowel in one syllable words.  Double the final letter to protect the short vowel sound when you add <u>er</u> .	Use ck at the end of the end of the word after a short vowel sound. Rule breaker: Multisyllabic words ending in /i/ and /c/ (ic) are usually spelled with the letter c. Use tch at the end of a word after a short vowel sound Rule breakers: rich, much, such, which	Add -es if a word ends in the sounds /s/, /x/, /z/, /sh/, /ch/. Double the final letter to protect the short vowel sound when you add -ing. Rule breaker: x is never doubled when adding the suffix <u>ing</u> .	Swap the y for an l when you add -ed. Rule breakers: When the words end in the digraphs ay, oy, <u>ey</u> , just add -ed Drop the e before adding -ing. Rule breakers: being, seeing, freeing (for the /ee/ sound)
1	wrist	huff	quick	foxes	carried
2	little	fizz	cloak	wishes	tidied
3	school	freeze	magic *rule breaker	brushes	played *rule breaker
4	thumb	hotter	stretch	fizzes	hiding
5	lorry	shimmer	match	humming	having
6	wheel	supper	kitchen	dropping	making
7	wiggle	powder	beach	jumping	seeing *rule breaker
8	thunder	singer	which *rule breaker	fixing *rule breaker	being *rule breaker

# Spellings – Holly Class Spring 1

**CLICK HERE:**

<https://craykeschool.org/classes/class-3/>



## Holly Class: Spring 1 Spelling list

Test:	09/01/26		16/01/26	23/01/26	30/01/26	06/02/26	13/06/26
Focus:	Curriculum vocabulary		Words ending -sure	Words ending -ture	Words with the /ei/ sound spelt ei, eigh, or ey	Words with the /k/ sound spelt ch	Possessive apostrophes in plural words
1	volcano	National Curriculum spelling pattern	treasure	creature	weight	chemist	dogs'
2	mountain		measure	furniture	eight	scheme	girls'
3	earthquake		pressure	picture	vein	echo	children's
4	eruption		enclosure	nature	obey	character	mice's
5	fossils	Commonly misspelt words	believe	teacher	they	here	women's
6	evidence		friends	richer	write	hear	torches
7	length		come	stretcher	right	which	leaves
8	width	KS2 Statutory spellings	history	caught	experience	February	remember
9	height		natural	various	experiment	heart	separate
10	perimeter		medicine	famous	forward	heard	notice
		Optional extra spellings					
11	palaeontologist		pleasure	adventure	neighbour	chaos	thieves
12	impermeable		ensure	temperature	sleigh	stomach	loaves



# Spellings – Oak Class Spring 1

**CLICK HERE:**

<https://craykeschool.org/classes/class-4/>



## Oak Class: SPRING 1 Spelling list

	Week ending 9/1		Week ending 16/1	Week ending 23/1	Week ending 30/1	Week ending 06/02	Week ending 13/02
<b>Focus</b>	Curriculum vocabulary		Words with silent letters	Words with silent letters	In pairs of words, nouns end -ce, verbs end -se	In pairs of words, nouns end -ce, verbs end -se	Homophones and words that are confused
1	settlement	National Curriculum Spelling Pattern	doubt	knight	advice	practice	aisle
2	invasion		lamb	thistle	advise	practise	isle
3	Christianity		island	loch	device	licence	aloud
4	missionaries		solemn	receipt	devise	license	allowed
5	daub	Commonly misspelt words	separate	calendar	until	disappear	competition
6	resistance		beginning	surprise	descent	disappoint	beautiful
7	celestial		cousin	disastrous	certain	conscious	becoming
8	rotation	KS2 Statutory Spellings	recommend	prejudice	individual	marvellous	necessary
9	spherical		muscle	privilege	pronunciation	mischievous	neighbour
10	system		persuade	profession	language	queue	nuisance
11	heliocentric		rhyme	identity	rhythm	occupy	opportunity
12	astronomical		physical	programme	lightning	occurred	parliament

# Lunch Menu

## NYES Catering

For more information about food items, menus, or recipes, please speak to your on-site catering team, or contact our Technical Support Team:  
E: [NYESCatering@northyorks.gov.uk](mailto:NYESCatering@northyorks.gov.uk) T: (01609) 535324  
W: [www.northyorks.gov.uk/schoolmeals](http://www.northyorks.gov.uk/schoolmeals)

**Fresh fruit or yoghurt options available every day!**

If your child has an allergy or special dietary requirements, please inform your school and our catering team, so we can discuss their needs.

We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.

**V = Vegetarian VG = Vegan**

Celery	Lupin	Sesame
Crustaceans	Milk	Sulphur Dioxide
Eggs	Molluscs	Soybean
Fish	Mustard	Treenuts
Gluten	Peanut	

Our menus are not only tasty, but comply with the Government School Food Standards, meaning they are good for your children too. They will very occasionally need to change due to circumstances beyond our control, so please check with your catering team if your child has any dietary requirements.

Find out if you are eligible to receive free school meals and apply in a matter of minutes by scanning here:  
[www.northyorks.gov.uk/free-school-meals](http://www.northyorks.gov.uk/free-school-meals)

# Autumn 2025 Menu

WEEK 1	WEEK 2	WEEK 3
Served w/c 1st Sept, 22nd Sept, 13th Oct, 10th Nov, 1st Dec 2025, 5th Jan, 26th Jan 2026	Served w/c 8th Sept, 29th Sept, 20th Oct, 17th Nov, 8th Dec 2025, 12th Jan and 2nd Feb 2026	Served w/c 15th Sept, 6th Oct, 3rd Nov, 24th Nov, 15th Dec 2025, 19th Jan, 9th Feb 2026
<b>V Cheesy Tomato Pasta Bake</b> ***** <b>VG Vanilla Swirl Cookie</b>	<b>Chicken Burger</b> ***** <b>VG Diced Potatoes</b> ***** <b>V Oat Cookie &amp; Cheese</b>	<b>V Pizza</b> ***** <b>VG Potato Wedges</b> ***** <b>V Chocolate Brownie</b>
<b>Chicken Korma with 50/50 Rice</b> ***** <b>V Fruity Jam Sandwich &amp; Custard</b>	<b>V Crunchy Topped Mac &amp; Cheese</b> ***** <b>V Sticky Toffee Pudding &amp; Custard</b>	<b>Spaghetti Bolognese</b> ***** <b>V Cheese &amp; Biscuit</b>
<b>Minced Beef &amp; Dumpling</b> ***** <b>VG Mashed Potatoes</b> ***** <b>V Jelly &amp; Ice-cream</b>	<b>Roast Gammon</b> ***** <b>VG Mashed Potatoes</b> ***** <b>V Berry Mousse Pot</b>	<b>Roast Chicken &amp; Yorkshire Pudding</b> ***** <b>VG Mashed Potatoes</b> ***** <b>V Rice Pudding &amp; Jam</b>
<b>Hot Dog</b> ***** <b>VG Potato Wedges</b> ***** <b>V Toffee Apple Muffin</b>	<b>Beef Mexican Taco with Rice</b> ***** <b>V Chocolate Sponge &amp; Chocolate Sauce</b>	<b>Pork Meatballs in a Tomato Sauce with Rice</b> ***** <b>V Rhubarb Crumble Sponge &amp; Custard</b>
<b>Battered Fish</b> ***** <b>VG Chips</b> ***** <b>V Chocolate Orange Mousse Cake</b>	<b>Fish Star</b> ***** <b>VG Chips</b> ***** <b>V Lemon Drizzle Shortbread</b>	<b>Fish Fingers</b> ***** <b>VG Chips</b> ***** <b>V Fruit Muffin</b>

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.



# Healthy Packed Lunch Guidance for Parents/ Carers with Children at Primary School

A healthy packed lunch will give children the energy and nutrition they need to get the most from their school day – helping them to stay healthy, feel good and be ready and able to learn. Just like school meals, packed lunches should be made up of foods from the main food groups in the Eatwell Guide [www.nhs.uk/live-well/eat-well/the-eatwell-guide](http://www.nhs.uk/live-well/eat-well/the-eatwell-guide) and portions should be appropriate for a child's age and size. This will ensure every child has a healthy and nutritionally-balanced lunch.

## What should I include in my healthy packed lunch?

Please try to include **ONE** of each of the following in your lunch each day:



### STARCHY CARBOHYDRATE

- ✓ bread, wrap, pitta, bagel, rolls, baguette
- ✓ rice or couscous
- ✓ noodles or plain pasta – avoid flavoured instant packet products and limit canned pasta
- ✓ potatoes
- ✓ oatcakes, rice cakes or crackers

Wholemeal/wholegrain options contain more fibre and keep you fuller for longer

**Gives you energy for the day ahead!**



### DAIRY FOOD (or non-dairy alternative)

- ✓ cheese – hard, soft, spread
- ✓ yoghurt or fromage frais
- ✓ milk
- ✓ custard

Choose low fat, low sugar options where possible

**Good for healthy bones and teeth!**



### FRUIT (fresh, frozen, tinned or dried)

- ✓ apple
- ✓ banana
- ✓ satsuma
- ✓ pear
- ✓ plum
- ✓ mango
- ✓ melon
- ✓ dried fruit e.g. raisins, apricots, dates. Add to meals and not as a snack
- ✓ cherry tomatoes (chopped)
- ✓ handful of grapes (halved)
- ✓ fruit salad or kebab

Wash fruit and vegetables prior to preparing.

Ensure canned fruit is in juice not syrup.

**Fruit and vegetables give you vitamins, minerals and fibre to stay healthy. Part of your '5 a day'**

**How much?** A portion is one child-sized handful.

### VEGETABLES OR SALAD

- ✓ chopped vegetable sticks (e.g. carrot, cucumber, pepper)
- ✓ salad in sandwiches
- ✓ vegetable soup
- ✓ Baked beans count as a vegetable but only once during a week. Ensure beans are reduced in salt and sugar

If you are using canned products, choose those without added sugar and salt.



### PROTEIN

- ✓ meat e.g. sliced lean ham, chicken or beef in a sandwich
- ✓ fish – preferably try to include oily fish such as salmon, tinned mackerel, sardines and pilchards. Aim to have one portion a week
- ✓ eggs
- ✓ lentils, beans, chickpeas
- ✓ alternative meat free option

Try to limit processed foods e.g. sausages, meatballs, fishfingers, fishcakes, sausage rolls

**Helps your body to grow and develop**

**DRINKS** – plain tap water is the best option, especially for teeth. Please send your child to school with their own named, clean water bottle each day.

**Drinking enough each day helps keep your body working well and your skin looking healthy!**



### Me-sized meals

Young children don't need as much food as teenagers and adults. When they eat more than they need, the excess energy is stored as fat in their bodies.



## What about snacks for break time?

### The best options for breaktime snacks are:

- Portion of fresh fruit (no dried fruit as snacks please as the sugar can stick in teeth).
- Vegetable sticks.
- Other ideas for healthy snacks could be rice cakes, bread sticks, bag of plain popcorn.

Please check your school's policy on snacks

## What should I NOT bring to school?

Please do **NOT** include the following items:

- ✗ Sweets and chocolate bars – these foods are high in sugar and calories, low in goodness, and are harmful for teeth.
- ✗ Squash or fizzy drinks – water is best for teeth.
- ✗ Other items e.g. nuts, sesame, fish – please check your school's allergy policy.

Thank you!



## 5 top tips for your packed lunch

- Freezer packs can keep food cool. Freeze a (reusable) bottle of water which will be ready to drink by lunchtime.
- Get your child to help pack their lunch box – they are more likely to enjoy it.
- Love to dip? – cut up pitta bread or veg sticks to have with a dip.
- Use pastry cutters to cut funny-shaped sandwiches.
- Protect your fruit by putting it in a small plastic container e.g. apple/banana guard.



## Get more vegetables in your lunches!

Here are some GREAT ideas for upping the veg content in your lunchboxes  
<https://simplyveg.org.uk/lunchboxes>

## Be safe!

- Please cut up food into small sizes for young children. Cut grapes and cherry tomatoes in half (lengthways if oblong).
- Be aware of allergies – please check your school's allergies guidance.

## School dinners are best!

Making packed lunches can be time consuming and expensive – why not try school dinners?

School meals provide your child with a nutritionally-balanced variety of foods. Every infant child (aged 5-7) is entitled to a **FREE** school lunch.



Also, **FREE school meals** for all age groups are provided to families who receive qualifying incomes such as income support and universal credit. Ask your school office how to order yours. More information is available from your school's website or the **North Yorkshire Council website**

[www.northyorks.gov.uk/education-and-learning/school-meals](http://www.northyorks.gov.uk/education-and-learning/school-meals)

[www.northyorks.gov.uk/free-school-meals](http://www.northyorks.gov.uk/free-school-meals)

Here are some websites with more information to help your family to stay healthy, happy and well:

[healthyschoolsnorthyorks.org/healthy-food](http://healthyschoolsnorthyorks.org/healthy-food)

[www.nhs.uk/healthier-families](http://www.nhs.uk/healthier-families)

[www.nhs.uk/start4life](http://www.nhs.uk/start4life)

And some information on saving money, local food banks, financial support and eating well on a budget:

[healthyschoolsnorthyorks.org/costsavings](http://healthyschoolsnorthyorks.org/costsavings)

